

Outcome 9

Level 3

Participate in a Health and Safety simulation exercise.

Role play one of the hazards suggested below **OR** role play an idea your own.

Your friends have to guess what the role play is about and then explain how the danger could have been avoided.

You are bent over a sewing machine set on a table that is too low.
When you raise yourself your back is hurting.

You are sewing in a dark room and are struggling to see what you are doing.
Your sight is tired and you rub your eyes.

You spilt water on the floor while filling the iron.
You forgot to wipe it and you slip on it and fall.

You are cutting fabric.
You are also chatting with a friend, get distracted and cut yourself.

Instead of placing the pins in the pincushion you place them on the table but they fall on your chair.
When you sit down you hurt yourself.

The sewing machine cables run across your fabric.
When you cut the thread after machining, you cut the cable and get electrocuted.

